

Grieve your loss

John 12:24 Yes, indeed! I tell you that unless a grain of wheat that falls to the ground dies, it stays just a grain; but if it dies, it produces a big harvest. ²⁵ He who loves his life loses it, but he who hates his life in this world will keep it safe right on into eternal life! ²⁶ If someone is serving me, let him follow me; wherever I am, my servant will be there too. My Father will honor anyone who serves me.

Luke 9:23 Then to everyone he said, “If anyone wants to come after me, let him say ‘No’ to himself, take up his execution-stake daily and keep following me. ²⁴ For whoever tries to save his own life will destroy it, but whoever destroys his life on my account will save it. ²⁵ What will it benefit a person if he gains the whole world but destroys or forfeits his own life? ²⁶ For if someone is ashamed of me and of what I say, the Son of Man will be ashamed of him when he comes in his glory and that of the Father and of the holy angels. ²⁷ I tell you the truth, there are some people standing here who will not experience death until they see the Kingdom of God.”

Matthew 16:24 Then Yeshua (Jesus) told his *talmidim* (disciples), “If anyone wants to come after me, let him say ‘No’ to himself, take up his execution-stake, and keep following me. ²⁵ For whoever wants to save his own life will destroy it, but whoever destroys his life for my sake will find it. ²⁶ What good will it do someone if he gains the whole world but forfeits his life? Or, what can a person give in exchange for his life? ²⁷ For the Son of Man will come in his Father’s glory, with his angels; and then he will repay everyone according to his conduct. ²⁸ Yes! I tell you that there are some people standing here who will not experience death until they see the Son of Man coming in his Kingdom!”

Mark 8:34 Then Yeshua (Jesus) called the crowd and his *talmidim* (disciples) to him and told them, “If anyone wants to come after me, let him say ‘No’ to himself, take up his execution-stake, and keep following me. ³⁵ For whoever wants to save his own life will destroy it, but whoever destroys his life for my sake and for the sake of the Good News will save it. ³⁶ Indeed, what will it benefit a person if he gains the whole world but forfeits his life? ³⁷ What could a person give in exchange for his life? ³⁸ For if someone is ashamed of me and of what I say in this adulterous and sinful generation, the Son of Man also will be ashamed of him when he comes in his Father’s glory with the holy angels.

Colossians 3:1 So if you were raised along with the Messiah, then seek the things above, where the Messiah is **sitting at the right hand of God.**^[a] ² Focus your minds on the things above, not on things here on earth. ³ For you have died, and your life is hidden with the Messiah in God. ⁴ When the Messiah, who is our life, appears, then you too will appear with him in glory!

⁵ Therefore, put to death the earthly parts of your nature — sexual immorality, impurity, lust, evil desires and greed (which is a form of idolatry); ⁶ for it is because of these things that God’s anger is coming on those who disobey him. ⁷ True enough, you used to practice these things in the life you once lived; ⁸ but now, put them all away — anger, exasperation (irritation or extreme annoyance), meanness, slander and obscene talk. ⁹ Never lie to one another; because you have stripped away the old self, with its ways, ¹⁰ and have put on the new self, which is continually being renewed in fuller and fuller knowledge, closer and closer to the image of its Creator. ¹¹ The new self allows no room for discriminating between Gentile and Jew, circumcised and uncircumcised, foreigner, savage, slave, free man; on the contrary, in all, the Messiah is everything.

Ephesians 4:14 We will then no longer be infants tossed about by the waves and blown along by every wind of teaching, at the mercy of people clever in devising ways to deceive. ¹⁵ Instead, speaking the truth in love, we will in every respect grow up into him who is the head, the Messiah.

¹⁶ Under his control, the whole body is being fitted and held together by the support of every joint, with each part working to fulfill its function; this is how the body grows and builds itself up in love. ¹⁷ Therefore I say this — indeed, in union with the Lord I insist on it: do not live any longer as the pagans live, with their sterile ways of thinking. ¹⁸ Their intelligence has been shrouded in darkness, and they are estranged from the life of God, because of the ignorance in them, which in turn comes from resisting God’s will. ¹⁹ They have lost all feeling, so they have abandoned themselves to sensuality (worldly, materialistic, irreligious), practicing any kind of impurity and always greedy for more. ²⁰ But this is not the lesson you learned from the Messiah! ²¹ If you really listened to him and were instructed about him, then you learned that since what is in Yeshua (Jesus) is truth, ²² then, so far as your former way of life is concerned, you must strip off your old nature, because your old nature is thoroughly rotted by its deceptive desires; ²³ and you must let your spirits and minds keep being renewed, ²⁴ and clothe yourselves with the new nature created to be godly, which expresses itself in the righteousness and holiness that flow from the truth. ²⁵ Therefore, stripping off falsehood, **let everyone speak truth with his neighbor,**^[b] because we are intimately related to each other as parts of a body. ²⁶ **Be angry, but don’t sin**^[c] — don’t let the sun go down before you have dealt with the cause of your anger; ²⁷ otherwise you leave room for the Adversary.

Galatians 2:20 When the Messiah was executed on the stake as a criminal, I was too; so that my proud ego no longer lives. But the Messiah lives in me, and the life I now live in my body I live by the same trusting faithfulness that the Son of God had, who loved me and gave himself up for me.

Galatians 5:16 What I am saying is this: run your lives by the Spirit. Then you will not do what your old nature wants. ¹⁷ For the old nature wants what is contrary to the Spirit, and the Spirit wants what is contrary to the old nature. These oppose each other, so that you find yourselves unable to carry out your good intentions. ¹⁸ But if you are led by the Spirit, then you are not in subjection

to the system that results from perverting the *Torah* (God's instructions) into legalism. ¹⁹ And it is perfectly evident what the old nature does. It expresses itself in sexual immorality, impurity and indecency; ²⁰ involvement with the occult and with drugs; in feuding, fighting, becoming jealous and getting angry; in selfish ambition, factionalism (arguments or disputes between two or more small groups from within a larger group), intrigue (the secret planning of something illicit or detrimental to someone) ²¹ and envy; in drunkenness, orgies and things like these. I warn you now as I have warned you before: those who do such things will have no share in the Kingdom of God! ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ humility, self control. Nothing in the *Torah* (God's instructions) stands against such things. ²⁴ Moreover, those who belong to the Messiah Yeshua (Jesus) have put their old nature to death on the stake, along with its passions and desires. ²⁵ Since it is through the Spirit that we have Life, let it also be through the Spirit that we order our lives day by day.

Galatians 6:6 But whoever is being instructed in the Word should share all the good things he has with his instructor. ⁷ Don't delude yourselves: no one makes a fool of God! A person reaps what he sows. ⁸ Those who keep sowing in the field of their old nature, in order to meet its demands, will eventually reap ruin; but those who keep sowing in the field of the Spirit will reap from the Spirit everlasting life. ⁹ So let us not grow weary of doing what is good; for if we don't give up, we will in due time reap the harvest. ¹⁰ Therefore, as the opportunity arises, let us do what is good to everyone, and especially to the family of those who are trustingly faithful. ¹¹ Look at the large letters I use as I close in my own handwriting. ¹² It is those who want to look good outwardly who are trying to get you to be circumcised. The only reason they are doing it is to escape persecution for preaching about the Messiah's execution-stake. ¹³ For even those who are getting circumcised don't observe the *Torah* (God's instructions). On the contrary, they want you to get circumcised so that they can boast of having gained your adherence. ¹⁴ But as for me, Heaven forbid that I should boast about anything except the execution-stake of our Lord Yeshua the Messiah! Through him, as far as I am concerned, the world has been put to death on the stake; and through him, as far as the world is concerned, I have been put to death on the stake. ¹⁵ For neither being circumcised nor being uncircumcised matters; what matters is being a new creation. ¹⁶ And as many as order their lives by this rule, shalom (peace) upon them and mercy, and upon the Isra'el of God!

Romans 6:1 So then, are we to say, "Let's keep on sinning, so that there can be more grace"? ² Heaven forbid! How can we, who have died to sin, still live in it? ³ Don't you know that those of us who have been immersed (baptized) into the Messiah Yeshua (Jesus) have been immersed (baptized) into his death? ⁴ Through immersion (baptism) into his death we were buried with him; so that just as, through the glory of the Father, the Messiah was raised from the dead, likewise we too might live a new life. ⁵ For if we have been united with him in a death like his, we will also be united with him in a resurrection like his. ⁶ We know that our old self was put to death on the execution-stake with him, so that the entire body of our sinful propensities (an inclination or natural tendency to behave in a particular way) might be destroyed, and we might no longer be enslaved to sin. ⁷ For someone who has died has been cleared from sin. ⁸ Now since

we died with the Messiah, we trust that we will also live with him.⁹ We know that the Messiah has been raised from the dead, never to die again; death has no authority over him.¹⁰ For his death was a unique event that need not be repeated; but his life, he keeps on living for God.¹¹ In the same way, consider yourselves to be dead to sin but alive for God, by your union with the Messiah Yeshua (Jesus).

Romans 8:3 For what the *Torah* (God's instructions) could not do by itself, because it lacked the power to make the old nature cooperate, God did by sending his own Son as a human being with a nature like our own sinful one [but without sin]. God did this in order to deal with sin, and in so doing he executed the punishment against sin in human nature,⁴ so that the just requirement of the *Torah* (God's instructions) might be fulfilled in us who do not run our lives according to what our old nature wants but according to what the Spirit wants.⁵ For those who identify with their old nature set their minds on the things of the old nature, but those who identify with the Spirit set their minds on the things of the Spirit.⁶ Having one's mind controlled by the old nature is death, but having one's mind controlled by the Spirit is life and *shalom* (peace).⁷ For the mind controlled by the old nature is hostile to God, because it does not submit itself to God's *Torah* (instructions)— indeed, it cannot.⁸ Thus, those who identify with their old nature cannot please God.⁹ But you, you do not identify with your old nature but with the Spirit — provided the Spirit of God is living inside you, for anyone who doesn't have the Spirit of the Messiah doesn't belong to him.¹⁰ However, if the Messiah is in you, then, on the one hand, the body is dead because of sin; but, on the other hand, the Spirit is giving life because God considers you righteous.¹¹ And if the Spirit of the One who raised Yeshua (Jesus) from the dead is living in you, then the One who raised the Messiah Yeshua (Jesus) from the dead will also give life to your mortal bodies through his Spirit living in you.¹² So then, brothers, we don't owe a thing to our old nature that would require us to live according to our old nature.¹³ For if you live according to your old nature, you will certainly die; but if, by the Spirit, you keep putting to death the practices of the body, you will live.

1 Peter 4:1 Therefore, since the Messiah suffered physically, you too are to arm yourselves with the same attitude. For whoever has suffered physically is finished with sin,² with the result that he lives the rest of his earthly life no longer controlled by human desires, but by God's will.³ For you have spent enough time already living the way the pagans want you to live — in debauchery (excessive indulgence in worldly, materialistic pleasures), lust, drunkenness, orgies, wild parties and forbidden idol-worship.⁴ They think it strange that you don't plunge with them into the same flood of dissoluteness (self-gratifications), and so they heap insults on you.⁵ But they will have to give an account to him who stands ready to judge the living and the dead.⁶ This is why he was proclaimed to those who have died; it was so that, although physically they would receive the judgment common to all humanity, they might live by the Spirit in the way that God has provided.⁷ The accomplishing of the goal of all things is close at hand. Therefore, keep alert and self-controlled, so that you can pray.⁸ More than anything, keep loving each other actively; because **love covers many sins.**^[a]⁹ Welcome one another into your homes without grumbling.

¹⁰ As each one has received some spiritual gift, he should use it to serve others, like good managers of God's many-sided grace — ¹¹ if someone speaks, let him speak God's words; if someone serves, let him do so out of strength that God supplies; so that in everything God may be glorified through Yeshua (Jesus) the Messiah — to him be glory and power forever and ever. *Amen.* ¹² Dear friends, don't regard as strange the fiery ordeal occurring among you to test you, as if something extraordinary were happening to you. ¹³ Rather, to the extent that you share the fellowship of the Messiah's sufferings, rejoice; so that you will rejoice even more when his *Sh'khinah* (glory) is revealed. ¹⁴ If you are being insulted because you bear the name of the Messiah, how blessed you are! For the Spirit of the *Sh'khinah* (glory), that is, the Spirit of God, is resting on you!

Luke 14:33 “So every one of you who doesn't renounce all that he has cannot be my *talmid* (disciple). ³⁴ Salt is excellent. But if even the salt becomes tasteless, what can be used to season it? ³⁵ It is fit for neither soil nor manure — people throw it out. Those who have ears that can hear, let them hear!”

Philippians 3:7 But the things that used to be advantages for me, I have, because of the Messiah, come to consider a disadvantage. ⁸ Not only that, but I consider everything a disadvantage in comparison with the supreme value of knowing the Messiah Yeshua (Jesus) as my Lord. It was because of him that I gave up everything and regard it all as garbage, in order to gain the Messiah ⁹ and be found in union with him, not having any righteousness of my own based on legalism, but having that righteousness which comes through the Messiah's faithfulness, the righteousness from God based on trust. ¹⁰ Yes, I gave it all up in order to know him, that is, to know the power of his resurrection and the fellowship of his sufferings as I am being conformed to his death, ¹¹ so that somehow I might arrive at being resurrected from the dead. ¹² It is not that I have already obtained it or already reached the goal — no, I keep pursuing it in the hope of taking hold of that for which the Messiah Yeshua (Jesus) took hold of me. ¹³ Brothers, I, for my part, do not think of myself as having yet gotten hold of it; but one thing I do: forgetting what is behind me and straining forward toward what lies ahead, ¹⁴ I keep pursuing the goal in order to win the prize offered by God's upward calling in the Messiah Yeshua (Jesus). ¹⁵ Therefore, as many of us as are mature, let us keep paying attention to this; and if you are differently minded about anything, God will also reveal this to you. ¹⁶ Only let our conduct fit the level we have already reached. ¹⁷ Brothers, join in imitating me, and pay attention to those who live according to the pattern we have set for you. ¹⁸ For many — I have told you about them often before, and even now I say it with tears — live as enemies of the Messiah's execution-stake. ¹⁹ They are headed for destruction! Their god is the belly; they are proud of what they ought to be ashamed of, since they are concerned about the things of the world. ²⁰ But we are citizens of heaven, and it is from there that we expect a Deliverer, the Lord Yeshua (Jesus) the Messiah. ²¹ He will change the bodies we have in this humble state and make them like his glorious body, using the power which enables him to bring everything under his control.

Titus 2:11 For God's grace, which brings deliverance, has appeared to all people. ¹² It teaches us to renounce godlessness and worldly pleasures, and to live self-controlled, upright and godly lives now, in this age; ¹³ while continuing to expect the blessed fulfillment of our certain hope, which is the appearing of the *Sh'khinah* (glory) of our great God and the appearing of our Deliverer, Yeshua (Jesus) the Messiah. ¹⁴ He gave himself up on our behalf in order to free us from all violation of *Torah* (God's instructions) and purify for himself a people who would be his own, eager to do good.

Matthew 10:28 "Do not fear those who kill the body but are powerless to kill the soul. Rather, fear him who can destroy both soul and body in Gei-Hinnom (hell). ²⁹ Aren't sparrows sold for next to nothing, two for an assarion (penny)? Yet not one of them will fall to the ground without your Father's consent. ³⁰ As for you, every hair on your head has been counted. ³¹ So do not be afraid, you are worth more than many sparrows. ³² "Whoever acknowledges me in the presence of others I will also acknowledge in the presence of my Father in heaven. ³³ But whoever disowns me before others I will disown before my Father in heaven. ³⁴ "Don't suppose that I have come to bring peace to the Land. It is not peace I have come to bring, but a sword! ³⁵ For I have come to set ³⁶ **a man against his father, a daughter against her mother, a daughter-in-law against her mother-in-law, so that a man's enemies will be the members of his own household.** ³⁷ Whoever loves his father or mother more than he loves me is not worthy of me; anyone who loves his son or daughter more than he loves me is not worthy of me. ³⁸ And anyone who does not take up his execution-stake and follow me is not worthy of me. ³⁹ Whoever finds his own life will lose it, but the person who loses his life for my sake will find it.

Romans 12:1 I exhort you, therefore, brothers, in view of God's mercies, to offer yourselves as a sacrifice, living and set apart for God. This will please him; it is the logical "Temple worship" for you. ² In other words, do not let yourselves be conformed to the standards of the '*olam hazeh* (this world). Instead, keep letting yourselves be transformed by the renewing of your minds; so that you will know what God wants and will agree that what he wants is good, satisfying and able to succeed. ³ For I am telling every single one of you, through the grace that has been given to me, not to have exaggerated ideas about your own importance. Instead, develop a sober estimate of yourself based on the standard which God has given to each of you, namely, trust.

I find that when a non-believer is born again and they are taught the truth from the beginning, it is so much easier for them to deny the world. They realize quite quickly that they were on the road to destruction and are so grateful for their redemption. They see so clearly that they were lost and now they are found. They have to unlearn what the world taught them about money and fun and freedom but the bible is so alive to them they are a sponge to soak it all up and just believe it. Usually deliverance with them is quite easy because the Word is such a powerful weapon and so sharp like a double-edged sword.

It is “Christians” that suffer the most in dying to self. Usually deliverance for them is much more intense because the demons can hide behind their religion and use it to convince them they are ok. The devil uses religion and his knowledge of the scriptures to weaken the power of the Word. We shouldn’t be so surprised with this; All through the bible he did the same thing; he did it to Adam and Eve and he tried it with Jesus.

In secular psychology, there are 5 stages of grief. If this is true with dying to self for a Christian it is broken down like this:

Denial – I have been in church all my life and I know I was taught the truth. So, you are telling me my parents aren’t in heaven? I know other churches are teaching false but mine is not. Every Christian cannot be wrong. This is legalistic; God has too much grace for this. God wants me to be happy. God give the Dr knowledge. God heals me through technology and medication

Anger – I think you are a false prophet. I talked to my pastor and he said you are wrong and I should avoid you and people like you. I can’t believe the church taught me wrong. I made an appointment with my pastor and I’m going to give them a piece of my mind. My first ministry is to my family; the bible says so. Go back home and don’t come back until I invite you. I told the elders what I thought of their religion.

Bargaining – God knows my heart and I told him I have to have this for now. I’m not ready to tell them the truth and God wouldn’t want to hurt them. God if you prove to me you will pay my bills I will give it up. If I give up everything God better fix my messed-up marriage. God I’ll do this for you but I need you change my family/son/daughter/husband/wife/parents.... even some say in a certain amount of time like 30 days.

Depression – I have no one left. I feel all alone. No one understands me anymore. They think I’m crazy. I guess I will have to get used to be an outsider. They don’t even talk to me anymore. They avoid me in the hallway. They are talking about me behind my back. I don’t even know who I am anymore. I am in too far now but I wished sometimes I could go back and feel normal. The family don’t even bother to invite me anymore when they get together.

Acceptance – I cannot believe that others don’t see the truth; it is so obvious now. How did I not see this before? This is so amazing to see God work in my life. I feel so free. Why did I think that was such a good life? I am amazed at how much bondage I was in and didn’t even know it. We need to get the word out that the church is deceived. Every day I see new miracles when I keep my eyes focused on Him.

^{John 1:1} In the beginning was the Word, and the Word was with God, and the Word was God ²He was with God in the beginning. ³All things came to be through him, and without him nothing made had being. ⁴In him was life, and the life was the light of mankind. ⁵The light shines in the darkness, and the darkness has not suppressed it. ⁶There was a man sent from God whose name was Yochanan (John). ⁷He came to be a testimony, to bear witness concerning the light; so that through him, everyone might put his trust in God and be faithful to him. ⁸He himself was not that light; no, he came to bear witness concerning the light. ⁹This was the true light, which gives light to everyone entering the world. ¹⁰He was in the world — the world came to

be through him — yet the world did not know him. ¹¹ He came to his own homeland, yet his own people did not receive him. ¹² But to as many as did receive him, to those who put their trust in his person and power, he gave the right to become children of God, ¹³ not because of bloodline, physical impulse or human intention, but because of God. ¹⁴ The Word became a human being and lived with us, and we saw his *Sh'khinah* (glory), the *Sh'khinah* (glory) of the Father's only Son, full of grace and truth.

Ephesians 6:10 Finally, grow powerful in union with the Lord, in union with his mighty strength! ¹¹ Use all the armor and weaponry that God provides, so that you will be able to stand against the deceptive tactics of the Adversary. ¹² For we are not struggling against human beings, but against the rulers, authorities and cosmic powers governing this darkness, against the spiritual forces of evil in the heavenly realm. ¹³ So take up every piece of war equipment God provides; so that when the evil day comes, you will be able to resist; and when the battle is won, you will still be standing. ¹⁴ Therefore, stand! Have the belt of **truth buckled around your waist**,^[b] **put on righteousness for a breastplate**,^[c] ¹⁵ and wear on your feet **the readiness that comes from the Good News of shalom** (peace).^[d] ¹⁶ Always carry the shield of trust, with which you will be able to extinguish all the flaming arrows of the Evil One. ¹⁷ And take **the helmet of deliverance**;^[e] along with the sword given by the Spirit, that is, the **Word** of God; ¹⁸ as you pray at all times, with all kinds of prayers and requests, in the Spirit, vigilantly and persistently, for all God's people.

Hebrews 4:1 Therefore, let us be terrified of the possibility that, even though the promise of entering his rest remains, any one of you might be judged to have fallen short of it; ² for Good News has also been proclaimed to us, just as it was to them. But the message they heard didn't do them any good, because those who heard it did not combine it with trust. ³ For it is we who have trusted who enter the rest. It is just as he said, "**And in my anger, I swore that they would not enter my rest.**"^[a] He swore this even though his **works** have been in existence since the founding of the universe. ⁴ For there is a place where it is said, concerning the seventh day, "**And God rested on the seventh day from all his works.**"^[b] ⁵ And once more, our present text says, "**They will not enter my rest.**"^[c] ⁶ Therefore, since it still remains for some to **enter** it, and those who received the Good News earlier did **not enter**, ⁷ he again fixes a certain day, "**Today**," saying through David, so long afterwards, in the text already given, "**Today, if you hear God's voice, don't harden your hearts.**"^[d] ⁸ For if Y'hoshua (Joshua) had given them rest, God would not have spoken later of another "day." ⁹ So there remains a *Shabbat*-keeping for God's people. ¹⁰ For the one who has **entered** God's **rest** has also **rested from his own works**, as God did from his. ¹¹ Therefore, let us do our best to **enter that rest**; so that no one will fall short because of the same kind of disobedience. ¹² See, the Word of God is alive! It is at work and is sharper than any double-edged sword — it cuts right through to where soul meets spirit and joints meet marrow, and it is quick to judge the inner reflections and attitudes of the heart. ¹³ Before God, nothing created is hidden, but all things are naked and open to the eyes of him to whom we must render an account.